

B-5

Total No. of Questions : 31]

[Total No. of Printed Pages : 4

**12thARF(SZ)JKUT2024-25
305**

PSYCHOLOGY

Time : 3 Hours]

[Maximum Marks : 70

SECTION-A

(MULTIPLE CHOICE QUESTIONS)

1 each

1. Who proposed Psychodynamic approach of personality ?
(A) Gordon Allport (B) Cattell
(C) Sigmund Freud (D) Carl Jung
2. Which of the following is/are sources of stress ?
(A) Life events (B) Hassles
(C) Traumatic events (D) All of these
3. Out of eating is called as :
(A) Anorexia nervosa (B) Binge eating
(C) Bulimia nervosa (D) None of these

Fill in the blanks :

4. refers to the practices of focusing attention on breath or on an object or thought.
5. wrote Yoga Sutra.
6. Pro-social behaviour is also called

True/False :

7. Stereotype is a cluster of ideas regarding the characteristics of a specific group.
8. Dyad is a two member group.
9. Family is an example of secondary group
10. $L + \frac{\frac{N}{2} - cf}{f}$ is the formula to calculate S.D.

SECTION-B

(VERY SHORT ANSWER TYPE QUESTIONS) 2 each

11. What is Aptitude ?
12. Define Personality.
13. Explain the concept of coping.
14. Define well-being.
15. Define systematic desensitization.

16. What is Yoga ?
17. Explain attribution.
18. What is Prejudice ?
19. Define primary and secondary group.

SECTION-C

(SHORT ANSWER TYPE QUESTIONS)

3 each

20. How can gifted children be identified ?
21. Define techniques of self-regulation.
22. Define id, ego and super-ego.
23. Explain the concept of health and well being.
24. What are Hallucination and Delusion.
25. Define Beck's Cognitive therapy.
26. What is attitude Discuss its components.
27. Which factors facilitate the formation of a group ?
28. Define mode and write its formula.

SECTION-D

(LONG ANSWER TYPE QUESTIONS)

5 each

29. Explain Howard Gardner's theory of Intelligence.

Or

How does culture influence intelligence ?

30. Define **types and symptoms** of schizophrenia. Discuss the concept of **normality and abnormality**.

31. Explain various types of statistics, calculate median :

C.I.	<i>f</i>
65—69	1
60—64	3
55—59	4
50—54	7
45—49	9
40—44	11
35—39	8
30—34	4
25—29	2
20—24	1